

2021 VOLUNTEER RESPITE TRAINING



- Do you provide care for a family member?
- Do you care for someone outside your family?

FREE Respite Training for Volunteer Respite Providers, Caregivers, and Community and Faith-based Groups

REST (Respite Education and Support Tools) is an evidence-based training providing education directly to those who serve as caregivers and provide respite support to caregivers.

Training includes:

- Communication techniques
- Activities
- Precautions
- Crisis intervention
- Understanding behaviors
- and more

El Dorado, TBD - Fort Smith, July 27
Jonesboro, August 19 - Little Rock, TBD
Springdale- July 29 & 30 - Texarkana, July 29

**7 Hours
of CEUs
Available!**

For nursing home
administrators

Contact us for more information on a training in your area.

Registration is required

sgpalmerharrod@uams.edu or 501-526-5750

All trainings will follow CDC guidelines including health screenings, face masks and social distancing

UAMS | Donald W. Reynolds
Institute on Aging

SCHMIEDING HOME CAREGIVER
TRAINING PROGRAM



The Arkansas Department of Human Services has approved 7 Continuing Education (CE) hours for completion of this REST course for Nursing Home Administrators Only. This project is supported, in part, under a grant from the U.S. Department of Health and Human Services, Administration on Aging. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. These contents, however, do not necessarily represent the policy of the U.S. Department of Health and Human Services or the Arkansas Department of Human Services, and endorsement by the Federal or State Governments should not be assumed.